

WWMG Diabetes & Nutrition Education Insurance Coverage Checklist

Please call your insurance company before your first appointment. Insurance coverage for diabetes care, education and supplies can vary by insurer and plan. Use this checklist to help ask the right questions. **It is helpful to bring this checklist to your first visit.**

- Call the member number on the phone number on the back of your insurance card

DIAGNOSIS with ICD-9 codes:

Explain why you are calling. What is your diagnosis?

- Diabetes (250.00)
- Pre-Diabetes or Metabolic Syndrome (277.7)
- Gestational Diabetes (648.00)

DIABETES EDUCATION:

My doctor has referred me for diabetes education. My education would be provided by Western Washington Medical Group. They are an accredited diabetes program with AADE. My care team involves a nurse (RN) diabetes educator and a registered dietitian (RD) diabetes educator. Both of them are Certified Diabetes Educators.

I would like to know my coverage and benefits.

- How many hours or visits of diabetes education are covered per year? _____ (hours or visits – circle one)
- What CPT codes are covered for this service? _____
- Is there a deductible to meet? ____ If so, how much? _____ How much have I met so far? _____
- Is there a co-pay per diabetes education visit? _____
- If yes, how much is my co-pay _____
- Can an RN provide the education? Y / N – Can an RD provide the education? Y / N

NUTRITION EDUCATION/COUNSELING:

In addition to, but separately from diabetes education, do I have benefits for nutrition counseling provided by a Registered Dietitian? Is Jennifer Okemah a preferred provider in my plan? Y / N

- How many hours or visits of nutrition counseling are covered per year? _____ (hours or visits – circle one)
- What CPT codes are covered for this service? _____
- Is there a deductible to meet? ____ If so, how much? _____ How much have I met so far? _____
- Is there a co-pay per nutrition counseling visit? _____
- If yes, how much is my co-pay _____

BLOOD GLUCOSE MONITORING:

We stock most meters and will attempt to dispense the meter your insurer prefers free of charge. Some insurers have a preferred brand of meter and strips. Using the preferred meter will often save money on testing supplies. Ask your insurer:

Is there a preferred brand of meter? If so, which meter would be covered under my plan?

How do I get my blood sugar testing supplies?

Is there a specific place I need to get my supplies? _____

1. Can I go to my pharmacy, or do I need to use a medical or mail order supply company? _____
2. What is my co-pay for retail pharmacy and/or mail order supplies? _____