#### WESTERN WASHINGTON MEDICAL GROUP

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			ACCOUNT#				NEW		U	PDATE
PATIENT LAST NAME		FIRST NAME (legal)			MI	PREFERRE	D OR NIC	KNAME	DATE OF BIRTH	
RACE	ETHNICITY		PREFERRED LANGU	AGE				SOCIAL SECURITY	#	
SEX M F Other:			ifies as neither Male or F Additional gender cat		se specify				TION Choose	
(Please List)			Choose not to disclos						aight) Bisexual //lesbian) Other	
MAILING ADDRESS				APT #	CITY			STATE	ZIP CODE	4 DIGIT
STREET ADDRESS				APT #	CITY			STATE	ZIP CODE	4 DIGIT
HOME PHONE		WORK PHONE			EXT	CELL PHO	NE		PREFERRED EMAI	LADDRESS
		( )	HOW DID YOU HEAR	OF US?	MARITAL S					
			Internet Google Friend/Family		MARRIED	D	IVORCED		OTHER	
PRIMARY CARE DOCTOR			Drove by location Insurance Company							
			Mailer/ Marketing		SINGLE	W	IDOWED		SEPARATED	
PHARMACY NAME, PHONE	NUMBER AND LOCATIO	NC								
	//=				0					
PATIENT EMPLOYER	(IF NOT EMPLOY	ED ARE YOU: RE	IIREDOR D	ISABLED	_?)	00000000	<u></u>			
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( NOT LIVING WIT	TH YOU )					RELATION	Shir	FROME NOMBER- R		)
RESPONSIBLE PART	γ		WHO IS RESPONSIBL	E FOR THE REMAI	NING BALA	NCE ON THI	IS ACCOU	NT?		
SELF	SOCIAL SECURITY #			LAST NAME			FIRST NA	ME		мі
(* If self do not fill in right field.) SPOUSE										
PARENT	STREET ADDRESS				CITY		STATE	ZIP CODE		4 DIGIT
GUARDIAN	HOME PHONE			WORK OR CELL	PHONE		EXT	DATE OF BIRTH		SEX
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WORKERS COMP CLAIM #	-	DATE OF INJURY		EMPLOYER				-	STATE OR SELF IN	NSURED?
									<u> </u>	
and agree to pay all bills at th	e time of service, unles	s prior arrangements ha		ize the physician ar	d clinic to re	lease any in	formation t	o process insurance of	claims. I authorize my	
insurance claim to be paid dir unable to reach me.										
								JI #		
				INITIALS			VOICEMA	ML #		
PATIENT SIGNATURE							DATE			
For office use only										
Dr		Ins. code				Acct #				Initials



# **CONSENT TO RELEASE INFORMATION**

# (FAMILY AND FRIENDS)

I, GIVE THE P	PHYSICIANS AND OFFICE STAFF OF WE	STERN WASHINGTON MEDICAL GROUP, PERMIS	SION TO
DISCUSS MY	MEDICAL CONDITION (PLEASE LIST I	FAMILY MEMBERS & FRIENDS ONLY). You may	disclose
health care inf	formation regarding testing, diagnosis, and	treatment for the following:	22
Please check a	ll that apply:HIV (Aids virus)	Sexually transmitted diseases	
Psychiat	ric disorders/mental healthDrug an	nd/or alcohol use	
All health care	e information		
Health care in	my medical record related to the following	g treatment or condition:	
Health care inf	formation in my medical records for the da	ate(s):	
Other (e.g., x-r	rays, bills) specify date(s):		
WITH:			
WHO IS	(RELATIONSHIP)	AT PH#	
	· · ·		
			-
WHO IS	(RELATIONSHIP)	AT PH#	
AND/OR			_
WHO IS		AT PH#	
	(RELATIONSHIP)		
AND/OR			
WHO IS		AT PH#	
	(RELATIONSHIP)		
,	THIS IS AN INDEFINITE CONSENT	FORM UNLESS OTHERWISE SPECIFIED	
PATIENT SIC	NATURE	DATE	



# ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

By my signature below I, \_\_\_\_\_\_, acknowledge that I received a copy of the Notice of Privacy Practices for Western Washington Medical Group.

Signature of client (or personal representative)

Date

If this acknowledgment is signed by a personal representative on behalf of the client, complete the following:

Personal Representative's Name:

Relationship to Client:

# For Office Use Only

I attempted to obtain written acknowledgment of receipt of our Notice of Privacy Practices, but acknowledgment could not be obtained because:

- \_\_\_\_\_ Individual refused to sign
- \_\_\_\_\_ Communications barriers prohibited obtaining the acknowledgment
- \_\_\_\_\_ An emergency situation prevented us from obtaining acknowledgment
- \_\_\_\_\_ Other (Please Specify)

Employee Name

Date

This form will be retained in your medical record

Ŵ	Western Washington Medical Group			PL	ACE L HER		-			Spine	e / Initi	ial E	ival*
Present H	History				그는 제 같다.			양말 그 않					
Sudda Gradu Lifting	ally (specify below)		□Fall □Bendin □Pulling	g		🛄 Inji	ured at work ured in auto from behin	accident	[	Injured di No appar Injured at	ent cause	S	
	lease specify												
If yes, wh	ave any emotional r nat are the emotiona nothing matters rustrated			ave related to	o your currer	nt probler				(depressed) an help me			
My pain	<b>is</b> nt Intermittently -present more ofte			t but varies i - more inten	-		oroving orse - chang	ging in char	acter [	Worse - c	changing in	locati	on
Please m	ark the severity of p	ain that	correspo	nds to the ar	rea of your b	ody. Rate	how much	i pain hurts	on an ave	erage day.			
Back pai	in	O 0 nor	) 1 1e	○ 2	○ 3	○ 4	○ 5	06	07	08	09	0	10 worst
Leg pain		O 0 nor	0 1 ⊓e	○ 2	○ 3	04	05	06	07	08	09	0	10 worst
Neck pai	in	O 0 nor	0 1 ne	○ 2	○ 3	○ 4	○ 5	○ 6	07	08	09	0	10 worst
Arm pair	1	O 0 nor	) 1 ne	○ 2	○ 3	○ 4	○ 5	06	07	08	09	0	10 worst
Past Tre	atments for this Pro	blem		181 - 24	T. 24	6. N - N	and the second	N - N	195 FS				
Have you	u had any troubles w	ith this p	problem be	efore? O Ye	s () No	lf y	es, when wa	as the FIRST	T time it ha	ppened:	1	_/	
Have yo () Yes (	u seen any other do ) No	ctors for	your curr	ent problem'	?	lf y	es, list their	name and c	late seen .				
() Physi	f the following treatn ical therapy e exercise program e		ive you ha	O TENS		njection				ctic Manipu prior treatm			
	nswered yes to any nts for this problen			e to the nex	t section.								
Physical	Therapy	/ /		Where?				#	of Sessic	ns:			
if physic	al therapy, what was	s done a	nd was it	helpful?						0			
Exercise	2					exe	you current rcises?			○ Yes ○	No		
Brace				_/			es, what typ						
TENS U	nit		/			uni				○ Yes ○	No		
Epidural	Steroid Injection		/_	_/		Wa last	s it helpful a ?	and how lon	ıg did it	·			
Epidural	Steroid Injection #2		/			Wa last	s it helpful a ?	and how lon	ig did it	8			
Epidural	Steroid Injection #3		/			Wa last	s it helpful a ?	and how lon	ıg did it	3 <del></del>			
Chiropra	actic Manipulation		/	_/		Wa	s it helpful a	and for how	long?				



## Please continue to the next page...

Mark the areas on your body where you feel the sensations described above, using the appropriate symbol. Mark the areas to which your pain spreads.

$\sim$	mbol, mark the diede to which your pair opredes.
	✓ Stabbing
$\mathcal{M}$	Tingling
( )	<ul> <li>Numbness</li> </ul>
$\{\lambda \} \{\lambda \}$	
	Aching
	× Burning
And I has and I has	
Do you have loss of bowel or bladder control? O Yes O No	
My weight Is O Increasing O Decreasing O Steady	
Are there any problems with weak muscles?	gs 🗌 Generally weak
Sleep pattern INO difficulty with sleep Unable to fall asleep Can't maintain sleep	Wake frequently due to pain
Functional Activities	
I can comfortably sit for 0 1 min 0 5 min 0 10 min 0 15 min 0 20 min 0 30 min 0 45 min 0	$\supset 1$ hour $\bigcirc 2$ hours i
I can comfortably stand for $\bigcirc 1 \text{ min} \bigcirc 5 \text{ min} \bigcirc 10 \text{ min} \bigcirc 15 \text{ min} \bigcirc 20 \text{ min} \bigcirc 30 \text{ min} \bigcirc 45 \text{ min} \bigcirc 10 \text{ min} \bigcirc 15 \text{ min} \bigcirc 20 \text{ min} \bigcirc 30 \text{ min} \bigcirc 45 \text{ min} \bigcirc 10 \text{ min} \bigcirc 1$	
	) 1 hour () 2 hours +
I can comfortably stand for $\bigcirc$ 1 min $\bigcirc$ 5 min $\bigcirc$ 10 min $\bigcirc$ 15 min $\bigcirc$ 20 min $\bigcirc$ 30 min $\bigcirc$ 45 min $\bigcirc$	) 1 hour () 2 hours +
I can comfortably stand for $\bigcirc$ 1 min $\bigcirc$ 5 min $\bigcirc$ 10 min $\bigcirc$ 15 min $\bigcirc$ 20 min $\bigcirc$ 30 min $\bigcirc$ 45 min $\bigcirc$ I can comfortably walk for $\bigcirc$ 1 min $\bigcirc$ 5 min $\bigcirc$ 10 min $\bigcirc$ 15 min $\bigcirc$ 20 min $\bigcirc$ 30 min $\bigcirc$ 45 min $\bigcirc$	) 1 hour () 2 hours +
I can comfortably stand for       0 1 min 0 5 min 0 10 min 0 15 min 0 20 min 0 30 min 0 45 min 0         I can comfortably walk for       0 1 min 0 5 min 0 10 min 0 15 min 0 20 min 0 30 min 0 45 min 0         Daily Activities       Daily Activities	) 1 hour () 2 hours +
I can comfortably stand for       0       1 min (0) 5 min (0) 10 min (0) 15 min (0) 20 min (0) 30 min (0) 45 min (0)         I can comfortably walk for       0       1 min (0) 5 min (0) 10 min (0) 15 min (0) 20 min (0) 30 min (0) 45 min (0)         Daily Activities       I can do of my housework       0       All (0) Some (0) None	) 1 hour () 2 hours +
I can comfortably stand for       0       1 min () 5 min () 10 min () 15 min () 20 min () 30 min () 45 min ()         I can comfortably walk for       0       1 min () 5 min () 10 min () 15 min () 20 min () 30 min () 45 min ()         Daily Activities       I can do of my housework       0       All () Some () None         I can do of my leisure activities       0       All () Some () None	<ul> <li>) 1 hour () 2 hours +</li> <li>) 1 hour () 2 hours +</li> <li>ul () nearly absent because of pain</li> </ul>
I can comfortably stand for       0       1       min       5       min       0       10       min       0       15       min       20       min       0       30       min       45       min       0         I can comfortably walk for       0       1       min       5       min       0       10       min       0       15       min       20       min       0       30       min       45       min       0         Daily Activities       I can do of my housework       0       All       O Some O None       0       I can do       0       min       0       All       O Some O None       0       All       O Some O None       0       All       O Some O None       0       My sex life is       0       normal with no pain       0       nearly normal, but painful	<ul> <li>) 1 hour () 2 hours +</li> <li>) 1 hour () 2 hours +</li> <li>ul () nearly absent because of pain</li> </ul>
I can comfortably stand for       0       1 min 0       5 min 0       10 min 0       15 min 0       20 min 0       30 min 0       45 min 0         I can comfortably walk for       0       1 min 0       5 min 0       10 min 0       15 min 0       20 min 0       30 min 0       45 min 0         Daily Activities       I can do of my housework       0       All 0       Some 0       None         I can do of my leisure activities       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       normal with no pain 0       nearly normal, but painfu       severely restricted by painfu	<ul> <li>) 1 hour () 2 hours +</li> <li>) 1 hour () 2 hours +</li> <li>ul () nearly absent because of pain</li> </ul>
I can comfortably stand for       0       1 min 0       5 min 0       10 min 0       15 min 0       20 min 0       30 min 0       45 min 0         I can comfortably walk for       0       1 min 0       5 min 0       10 min 0       15 min 0       20 min 0       30 min 0       45 min 0         Daily Activities         I can do of my housework       0       All 0       Some 0       None         I can do of my leisure activities       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       normal with no pain       0       nearly normal, but painfu         My sex life is       0       normal with some pain       0       severely restricted by pain         Do you have any difficulty with sexual function?       0       Yes 0       No 0       N/A         Prior Tests       0       10       10       10       10       10       10       10	<ul> <li>) 1 hour () 2 hours +</li> <li>) 1 hour () 2 hours +</li> <li>ul () nearly absent because of pain</li> </ul>
I can comfortably stand for       0       1 min 0       5 min 0       10 min 0       15 min 0       20 min 0       30 min 0       45 min 0         I can comfortably walk for       0       1 min 0       5 min 0       10 min 0       15 min 0       20 min 0       30 min 0       45 min 0         Daily Activities       I can do of my housework       0       All 0       Some 0       None         I can do of my housework       0       All 0       Some 0       None         I can do of my leisure activities       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       All 0       Some 0       None         I can do of my work       0       normal with no pain 0       0       nearly normal, but painfu         My sex life is       0       normal with some pain       0       severely restricted by pain         Do you have any difficulty with sexual function?       0       Yes 0       No 0       N/A         Prior Tests       I       I       I       I       I       I       I       I       I       I       I       I       I       I       I	<ul> <li>1 hour ○ 2 hours +</li> <li>1 hour ○ 2 hours +</li> <li>ul ○ nearly absent because of pain ain ○ absent, pain prevents any sex</li> </ul>
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I can comfortably stand for 0 1 min 0 5 min 0 10 min 0 15 min 20 min 0 30 min 0 45 min 0 I can comfortably walk for 0 1 min 0 5 min 0 10 min 0 15 min 20 min 0 30 min 0 45 min 0 Daily Activities I can do of my housework 0 All 0 Some 0 None I can do of my leisure activities 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do 0 for my work 0 All 0 Some 0 None I can do 0 for my work 0 All 0 Some 0 None I can do 0 for my work 0 All 0 Some 0 None I can do 0 for my work 0 All 0 Some 0 None I can do 0 for my work 0 All 0 Some 0 None My sex life is 0 normal with no pain 0 nearly normal, but paint 0 normal with some pain 0 severely restricted by paint 0 severely restricted b	O 1 hour ○ 2 hours + O 1 hour ○ 2 hours + Ul ○ nearly absent because of pain or absent, pain prevents any sex Scan ○ MRI ○ EMG ○ Discogram ○ N/A them. Results
I can comfortably stand for 0 1 min 0 5 min 0 10 min 0 15 min 20 min 0 30 min 45 min 0 I can comfortably walk for 0 1 min 5 min 10 min 15 min 20 min 30 min 45 min 0 Daily Activities I can do of my housework 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None I can do of my work 0 All 0 Some 0 None My sex life is 0 normal with no pain 0 nearly normal, but painfu 0 normal with some pain 0 severely restricted by paint 0 severely restricted by p	O 1 hour ○ 2 hours + O 1 hour ○ 2 hours + I hour ○ 2 hours + O nearly absent because of pain ain ○ absent, pain prevents any sex Scan ○ MRI ○ EMG ○ Discogram ○ N/A them. Results Results Results Results Results Results Results Results



Current Medications, i	nhalers, eye drops, patches		Dose and Freque	ency	What do y	you take it for?
Supplements, Herbal I	remedies, currently taking		Dose and Freque	ency	What do y	you take it for?
		_				
Allergies F Latex - Iodine - Penicillin - Sulfa -	Reaction that you had	_	Serious injuries			
Other Other Other □ Food Allergies:		_			·	
Review of Systems (check	all that apply)					
Constitutional	Fever Chills		Sweats Fatigue	Recent weight	loss	No complaints
If recent weight loss, how n						
Skin	Rashes		Sores			No complaints
Cardiovascular	Chest Pain		Palpitations			No complaints
Respiratory	Short of breath		Cough	Coughing blo	bd	No complaints
Hematologic	Bruise easily		Bleeding disorder	Blood clots	i	No complaints
Stomach/Intestinal	Heartburn     Bein with urination		Constipation ncontinence	Abdominal pa		☐ No complaints
Urology	Pain with urination			Frequent urina     Swelling	2001	No complaints
Musculoskeletal Neurological	☐ Stiffness ☐ Headaches		Sprains Numbness	Dizziness		No complaints
Mental Health			Depression	Sleep problem	าร	No complaints
This form was completed b			ent/Guardian			

### Agreement

I have reviewed and fully completed these forms to the best of my ability. I understand this information will become part of my permanent medical record at Western Washington Medical Group.

## **REVIEW OF SYSTEMS**

Have you had any of the following during the <u>past year</u>? Please circle Yes if any apply to you

### Cardiac

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#### **Constitutional/ General**

Fevers	Yes
Headaches	Yes
Sleeping difficulty	
Fainting	Yes

#### Eyes

Double or blurry vision	Yes
Wear Glasses or contacts	Yes
Eye disease or injury	Yes

#### Gastrointestinal

Blood in stool	Yes
Diarrhea	Yes
Constipation	Yes
Nausea or vomiting	Yes
Acid indigestion/ heartburn	Yes

#### Genitourinary

Blood in urine Yes	5
Frequency in urination Yes	;
Burning or painful urination	;
Incontinence or dribbling Yes	;

#### Hematology

Bruises or bleeds easily	Yes
Bleeding disorder	Yes
Blood clot, DVT, or a	Yes
Pulmonary embolism	Yes

#### Pulmonary

Shortness of breath	Yes
Wheezing	Yes
Asthma	Yes
Frequent cough	Yes
COPD or Emphysema	

#### Skin

Rashes or itching	Yes
Changes in moles or skin lesions	Yes
Psoriasis	Yes

#### Musculoskeletal

Limping	Yes
Joint pain	Yes
Joint stiffness	Yes
Joint swelling	Yes
Numbness to arm or leg	Yes

### Patient's Signature: \_

(or parent/legal guardian)

Practitioner's Initials

Today's	Date
---------	------

## **PAST MEDICAL HISTORY**

Have you <u>ever</u> had any of the following? Please circle Yes if any apply to you

Yes	Diabetes
Yes	Thyroid disorder
Yes	Kidney or Renal disorder
Yes	Stroke/TIA
Yes	Seizures or Epilepsy
Yes	Anemia
Yes	Varicose Veins
Yes	High Blood Pressure
Yes	High Cholesterol
Yes	Heart Problems
Yes	Heart Attack/ Myocardial Infarction
Yes	Heart Stents or Balloon Angioplasty
Yes	Atrial Fibrillation
Yes	Irregular Heartbeat
Yes	Pacemaker
Yes	Heartburn, Acid reflux
Yes	Ulcers or Gastritis
Yes	Esophagitis, Barrett's or Hiatal Hernia
Yes	Seasonal Allergies
Yes	Sleep Apnea, if Yes CPAP use?
Yes	Tuberculosis
Yes	Gout
Yes	Cancer
Yes	Migraines
Yes	Depression
Yes	Anxiety
Yes	Fibromyalgia
Yes	Chronic Pain
Yes	Hepatitis A , B , C (circle which)
Yes	HIV or exposure to it
Yes	History of MRSA, VRE, Staph infections
Yes	Anesthesia problems?
Yes	Post Operative Nausea/Vomiting

# Other Diagnoses or Symptoms that we should be aware of?

Western Washington Medical Group	Medical History*		
Surgery			
Have you had surgeries for this problem? O Yes O No			
If yes, please list surgeon, if it was helpful and what was done.			
Have you had breast implants? (necessary for surgeries that require you to lie on your stomach)	○ Yes ○ No ○ N/A		
Would you accept blood products or blood transfusion if necessary?	○ Yes ○ No		
Have you ever had complications with surgery? O Yes O No			
If so, please list the name of the surgery and any complications below. You may wish to include problem as well as any problems you may have had with anesthesia.	is before, during, or after your procedure,		
Complication	Year		
Complication	Year		
Employment Status			
Are you currently employed? O Yes O No Present employer			
	there?		
My present job consists of: Ladders Lifting Sitting Standing	Stairs Walking		
Other Job Duties			
Per work day, how many hours do you sit?         O<1         1         O<2         3         O<4			
Per work day, how many hours do you stand?			
How many pounds do you lift for your job?	-60 lbs		
If unemployed or currently not working, please provide a date for at least one of the following.			
Retired on/ Total disability	/		
Medical leave began / / Social Security disability	/ /		
Laid off/ When did you last work?	/_/		
Would your employer allow you to return to work with restrictions? O Yes O No			
Social History			
What sports, exercise activity, or hobbies do you participate in?			
Do you live alone or as only adult in the house? O Yes O No			
Alcohol use: Never Rarely Moderate Daily # of drinks Recovery Treatment	nent		
Tobacco use: Never Yes, current packs/day How many years Quit-year			
This form was completed by O Patient O Parent O Guardian O POA O Family member O Other			
Agreement I have reviewed and fully completed these forms to the best of my ability. I understand this information will become part of my permanent medical record.			
X	DATE		



Western Washington Medical Group

# CANCELLATION FEE

A scheduled appointment is a commitment of time between the doctor and patient. We have reserved time just for you. When appointments are missed or canceled late, that time is lost.

We ask that when you schedule an appointment you make every effort to keep that appointment. We understand that emergencies do arise, and we will take that into consideration.

I acknowledge a \$75.00 No Show Fee will be charged to me personally if I do not arrive for, or cancel my scheduled appointment without 24 hours notice.

# DOCUMENT FEES

A Fee of \$10 will be charged for any documents requiring your provider's review and signature. Payment of service will be required before documents are completed and/or forwarded. Commercial or private insurance are not financially responsible for this fee.

Patient	
Signature	Date of Birth
Print Name	Today's Date