

PATIENT HEALTH HISTORY

Date: _____

PATIENT NAME: _____

DATE OF BIRTH: _____

Tonsillectomy _____ Vasectomy _____ Cataracts _____ Prostate Surgery _____
 Appendectomy _____ Hysterectomy _____ Gall Bladder _____ Hip Replacement _____
 Cardiac By Pass _____ Tubal Ligation _____ Hernia _____ Knee Replacement _____
 Cesarean Section _____

OTHER SURGERIES (kind of operation): _____

HOSPITALIZATION HISTORY (Other than for surgery): _____

PAST ILLNESSES (Circle any illnesses you have or have had):

Diabetes	Hearing Loss	Rheumatic Fever	Thyroid Disease
Hay Fever	Anemia	Urine Infections	Bleeding Problems
Asthma	Kidney disease/stones	Head Trauma	Bronchitis/Emphysema
Stroke	Tuberculosis	High Cholesterol	Blood clots in lungs
Seizures	High blood pressure	Irritable bowel syndrome	Irregular heart rhythm
Cataracts	Angina/chest pain	Sexually transmitted disease	Skin conditions
Glaucoma	Heart disease	Hepatitis/Jaundice	
Other: _____		Cancer: _____	

FAMILY HISTORY — Using the above health conditions, please fill in the following:

Relative	Age	List Any Diseases	If Deceased, Cause of Death
Father			
Mother			
Father's Parent's (M)			
(F)			
Mother's Parent's (M)			
(F)			
Brother (B) or ()			
Sister (S) ()			
()			
()			
()			
Children: Son (S)			
Daughter (D)			
()			
()			

ALLERGIES: Offending Drugs or Foods (including aspirin, iodine, latex, etc.)

_____ Reaction _____	_____ Reaction _____
_____ Reaction _____	_____ Reaction _____
_____ Reaction _____	_____ Reaction _____

SYSTEMS REVIEW Indicate for how long (for example, number of days, months or years)
Circle if yes and for how long.

ALLERGY

Hay fever No Yes

GENERAL

Poor appetite No Yes

Fever No Yes

Chills No Yes

Fatigue No Yes

Sleep poorly No Yes

Dizziness No Yes

Enlarged glands No Yes

Weight change No Yes

EYES

Eye problem No Yes

ENT

Sinusitis No Yes

Deafness No Yes

Ear pain No Yes

CARDIOVASCULAR

Chest pain No Yes

Fast heart No Yes

Irregular heartbeat No Yes

Swelling of feet, hands, face No Yes

RESPIRATORY

Shortness of breath No Yes

Cough No Yes

Coughing blood No Yes

Asthma No Yes

GASTROINTESTINAL

Nausea No Yes

Vomiting No Yes

Heart burn No Yes

Trouble swallowing No Yes

Abdominal pain No Yes

Blood in stools No Yes

Hemorrhoids No Yes

Constipation No Yes

Bloating No Yes

Diarrhea No Yes

Liver or gall bladder disease No Yes

Black stools No Yes

DERMATOLOGY

Rash No Yes

MUSCULOSKELETAL

Back pain	No	Yes
Joint pain	No	Yes
Stiff neck	No	Yes
Muscle weakness	No	Yes

NEUROLOGICAL

Headaches	No	Yes
Paralysis	No	Yes
Numbness	No	Yes
Fainting	No	Yes

PSYCHIATRIC

Depression	No	Yes
Anxiety	No	Yes

ENDOCRINE

Warmer than others	No	Yes
Colder than others	No	Yes

GENITOURINARY Yes

Albumin or protein urine	No	Yes
Sugar in urine	No	Yes
Blood in urine	No	Yes
Urinary frequency	No	Yes
Pain in urination	No	Yes
Empty bladder at night	No	Yes

IF FEMALE:

Menstruate _____ Yes _____ No
 Every _____ days, for _____ days each period.
 _____ Pads per day. Last period _____

REMARKS: _____

Please list any medicines (prescription or over-the-counter) or vitamins you take on a regular basis.

PERSONAL HISTORY

Marital Status: (circle) Single Married Divorced Widowed

Name of persons living in your household:

Name/Relationship to you

Name/Relationship to you

Occupation: _____

Hobbies: _____

Exercise: Frequency _____ Type of exercise _____
Alcohol: Regular Basis _____ Type/quantity _____
 Quit Date _____ Past use quantity _____
Tobacco: Packs per day _____ How may years _____ Quit Date _____
 Use smokeless _____ Cigars _____

WOMEN ONLY: Number of pregnancies _____ Deliveries _____
 Miscarriages/abortions _____ Living Children _____

DATE OF YOUR MOST RECENT:
Cholesterol Level _____
Eye Examination _____
Mammogram _____
TB Test _____

DATE OF YOUR LAST VACCINE:
Influenza _____
Pneumonia _____

Have you ever had a blood transfusion? _____ Year of Transfusion _____

Date Review	By	Date Review	By	Date Review	By
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____