

COLONOSCOPY PATIENTS WITH DIABETES

DM: Insulin required twice per day:

Take half the usual insulin dose in the morning of the day before the procedure (you will be on clear liquids all day on the day before the exam) and hold the afternoon dose of the insulin. Check blood sugar at the usual times during the day. If needed, take half of the usual amount of regular insulin, which would normally be taken to correct elevated blood sugars, or take the usual amount of regular insulin for blood sugars >220 mmol/dl. On the day of the procedure, remain NPO (nothing by mouth). After the procedure, resume regular diet and take the afternoon insulin dose per usual schedule, or $\frac{3}{4}$ of the afternoon insulin, depending on your impression of the best dose.

DM: Insulin required once per day:

Take the usual insulin dose on the day before the procedure (you will be on clear liquids all day on the day before the exam). Check blood sugar at the usual times during the day. If needed, take half of the usual amount of regular insulin, which would normally be taken to correct elevated blood sugars, or take the usual amount of regular insulin for blood sugars >220 mmol/dl. If dose is in late evening/bedtime, take $\frac{1}{2}$ usual dose. On the day of the procedure, remain NPO (nothing by mouth). After the procedure, resume regular diet and take the afternoon insulin dose per usual schedule or $\frac{3}{4}$ of the afternoon insulin depending on your impression of the best dose.

DM: Oral medication twice per day:

Take half the usual morning dose and hold the afternoon dose on the day before the procedure (you will be on clear liquids all day on the day before the exam). On the day of procedure, do not take your oral medication until after the exam. Bring the medication to the procedure. After the procedure, take the usual morning dose and resume regular diet.

DM: Oral medication once per day:

Take half of the usual dose of oral medication the day before the procedure (you will be on clear liquids all day on the day before the exam). On the day of the procedure, do not take your oral medication until after the exam. Bring the medication to the procedure. After the procedure, take the usual morning dose and resume regular diet.