To Our Valued Patients:

WWMG would like to update you about Covid-19, and what we can do together to ensure that your care is optimal and all of your health needs are met.

The current situation with COVID-19 is confusing and upsetting. It can also be overwhelming. Please know that WWMG is here to help. If you have general questions about the virus, we suggest you visit <u>https://www.doh.wa.gov/Emergencies/Coronavirus</u>. This information is updated regularly. Here are some important topics we want to make sure you keep in mind:

Stay on top of your health

It is important to note that most cases of COVID-19 are mild and can be managed at home. Be alert for any flu-like symptoms such as fever, cough, sore throat, body aches or shortness of breath. If you experience any of these symptoms, please DO NOT go to a clinic, urgent care or emergency room unless you need those services. <u>If you do</u> <u>need urgent or emergent care, please call ahead if possible</u>.

If you are over 60, have underlying health conditions such as heart disease, lung disease or diabetes, have a weakened immune system or are pregnant, you are at higher risk. If you have any of the flu-like symptoms listed above or have been exposed to anyone who has these symptoms, please contact your healthcare provider.

Clinic Visits

While it is still safe for patients to receive care in our offices, we will be implementing a telehealth option for you to reduce exposure to our patients and our care teams. Some non-urgent specialty visits and procedures may be delayed until the outbreak has subsided. These locations will continue to provide in-person care that is considered medically necessary and cannot be provided virtually, including physician-ordered testing for patients who are considered high risk for COVID-19. Most importantly, we are asking patients to call their healthcare provider if they are exhibiting any fever or respiratory symptoms before they come into a clinic or urgent care.

If you require care, please follow the usual process of scheduling your visit.

Postponement of elective and non-urgent surgeries and procedures

WWMG may postpone elective and non-urgent surgeries and procedures. Your health and safety is our goal. If your Provider decides that your scheduled procedure needs to be postponed, it will be rescheduled as soon as it is possible and safe for you.

We are in this together

Your good health is our goal. WMMG will provide for all of your health care needs in the safest way. During this time of uncertainty, we want to reassure you that we are doing everything we can to provide the best care possible.

Please take precautions. Wash your hands regularly; stay at home and away from large groups of people; and cover your cough. We care about you and our community and want to keep everyone safe.