

## FREQUENTLY ASKED COLONOSCOPY PREPARATION QUESTIONS

**\*Please read your 5 Day preparation planner immediately upon receiving \***

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**1. When is the last time I can have clear liquids to drink?**

You may have clear liquids up to 4 hours prior to your check-in time. Please avoid all liquids that are **RED**, **BLUE**, or **PURPLE** in actual color.

**2. Can I start my prep earlier/later?**

Yes, but no earlier than 1 hour before start time and no later than 1 hour after start time.

**3. If I start to vomit, what should I do?**

If you vomit only a few times, take a break, lengthen time between glasses until this resolves. If vomiting is continual and excessive, call the on-call physician at (425) 259-3122.

**4. I drank almost all of my prep and still have not gone to the bathroom. What should I do?**

During business hours, 8am-5pm, call GI Prep Line (425) 259-3122. If it is after hours, call the GI office for the on-call physician at (425) 259-3122.

**5. What happens if my prep is not adequate?**

It is very important that you are clean which should occur if you follow the exact 5 day prep planner. This will improve the chance of visualizing colon polyps or abnormalities during your exam. If your prep is not adequate, your procedure may be canceled and rescheduled or your procedure time will be delayed in order to allow time to drink more prep solution. If the procedure is attempted but aborted due to a poor prep, you may be asked to return for a second procedure, using more bowel prep and your insurance may or may not cover the second procedure.

**6. My family member did a different prep. Can I do the one that they did instead?**

No, your prep regimen has been prescribed specifically for you by the doctor.

**7. The pharmacist gave me a different bowel prep, and/or the instructions on the container/box are different from the instructions on my prep planner. What should I do?**

Call the office (425) 259-3122 immediately to receive instructions that coincide with your prescribed bowel prep. Do not follow the instructions on the container/box, follow instructions given to you from the office.

**8. What if I do not have a driver or they cannot stay for the entire time?**

Your procedure will be canceled if your driver is not in the building at all times. **This is a strict policy.** You have the option of rescheduling your exam. In certain circumstances the procedure can be done without sedation, though if unsuccessful, you may be asked to return for a second procedure, with a driver and you will be charged for the second procedure.

**9. Will I be knocked out?**

You will receive anesthesia/Propofol. This is guaranteed sleep through entire procedure and has quicker recovery, usually no nausea and no memory loss.

**10. What if I am on my monthly menses?**

This will not affect your procedure in any way (tampon or pad okay).

**11. Should I bring my CPAP machine?**

No, you will not need it during the procedure.