

FREQUENTLY ASKED COLONOSCOPY PREPARATION QUESTIONS

Please read your 5 day prep planner immediately upon receiving

1. **When is the last time I can have liquids to drink before my prep starts?**
 - You may have clear fluids up until you start drinking your prep, then water only up to 4 hours prior to your check in time. No purple, blue or red.
2. **Can I start my prep later/earlier?**
 - Yes, but no earlier than 1 hour earlier and no later than 1 hour after start time
3. **If I vomit, what do I do?**
 - If you vomit only a few times, take a break, lengthen time out between glasses until this resolves. If vomiting is continual and excessive, call the on-call physician.(425)259-3122.
4. **I drank almost all of my prep and still have not gone to the bathroom. What should I do?**
 - During Endoscopy hours, 7am-4pm, call Denise at (425)248-4338 or the GI office for the on- call physician at (425)259-3122.
5. **What happens if my prep is not adequate?**
 - It is very important that you are clean which should occur if you follow the exact 5 day prep planner. This will improve the chance of visualizing colon polyps or abnormalities during your exam. If your prep is not adequate, your procedure may be cancelled and rescheduled or your procedure time will be delayed in order to allow time to drink more prep solution. If the procedure is attempted but aborted due to a poor prep, you may be charged for two procedures.
6. **My family member did a different prep. Can I do the one that they did instead?**
 - No, your prep regime has been prescribed specifically for you by your (the) doctor.
7. **The pharmacist gave me different instructions to follow, a different prep, and/or the instructions on the container of prep are different than my prep planner?**
 - Follow your 5 day prep planner **only**. Do not use any other prep.
8. **What if I do not have a driver or they can not stay for the entire time?**
 - Your procedure will be cancelled if your driver is not in the building at all times. **This is a strict policy.** You have the option of rescheduling your exam. In certain instances the procedure can be done without sedation, though if unsuccessful, you will also be billed for a rescheduled exam.
9. **Will I be knocked out?**
 - You will receive conscious/moderate sedation which consists of a sedative and a narcotic pain reliever unless you are scheduled for anesthesia/Propofol use.
10. **What if I am on my monthly menses?**
 - This will not affect your procedure in any way (tampon or pad okay)
11. **Should I bring my CPAP machine?**
 - No, you will not need it during this procedure.