



Lower GI Tract EUS



Sigmoidoscopy

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Date			
5 DAYS PRIOR: General Instructions	5 DAYS PRIOR: Medical Instructions	1 DAY PRIOR:	PROCEDURE DAY:
<p>Last chance to cancel appointment or you will be charged a NO SHOW FEE of \$250.00.</p> <p>Check with your insurance in advance to see if you need a referral or pre-approval for your procedure.</p> <p>Sedation:</p> <ul style="list-style-type: none"> No: no ride needed Yes: arrange for a driver <p>Medication Supply (All OTCs):</p> <ul style="list-style-type: none"> 8.3oz (238gm) bottle of Miralax Two (2) Bisacodyl tablets 5mg One (1) Bisacodyl suppository One (1) Fleet Enema. 	<p>Stop _____ For _____ days before procedure.</p> <p>Stop taking oil supplements, oil capsules, iron pills, as this makes it difficult to cleanse the bowel.</p> <p>If you are diabetic or if you're taking blood thinners and you did not receive specific instructions regarding your medications, please call the office. Blood thinners include Coumadin, Warfarin, Effient, Plavix, Pradaxa or Xarelto, etc.</p> <p>If you have implantable cardiology devices (defibrillator or pacemaker), notify the office as a device clearance is needed from your cardiologist.</p> <p>For EUS Patients only: If you had any GI-related radiology studies done outside Providence Hospital in Everett (CT, Ultrasound, or MRI), please request and obtain the radiology images on a CD. Bring it with you to the EUS appointment.</p>	<p>Entire Day: Clear liquid diet only (no solids foods!): clear fruit juice without pulp such as apple juice, white grape juice, broth, Gatorade (No Gatorade Frost), popsicles, coffee or tea without cream. Small amount of Jell-O is OK. No milk, red, blue, or purple colors.</p> <p>If you take diabetes medicine: Refer to the instruction sheet "Colonoscopy Patients with Diabetes", which also applies to patients scheduled to have lower EUS and sigmoidoscopy.</p> <p>4 PM: Mix 1st entire 238gm bottle of MiraLax together with entire 28oz. bottle of Gatorade. Drink one 10oz. glass every 20 minutes as tolerated. Finish 3 glasses until it is gone.</p> <p>7 PM: Take 2 Bisacodyl tablets 5mg with a large glass of water.</p> <p>10 PM: Insert 1 Bisacodyl suppository into your rectum. Retain as long as comfort allows, usually 10-15 minutes</p> <p>Night: Nothing to eat or drink except water after midnight.</p>	<p>4 hours before you leave home, give yourself one (1) Fleet Enema per rectum.</p> <p>Early morning: take your usual prescribed medication except for blood thinners, insulin or oral diabetic medication, unless told otherwise by your doctor.</p> <p>OK to continue clear liquid diet.</p> <p>FOUR HOURS PRIOR TO YOUR CHECK IN TIME STOP DRINKING ALL LIQUIDS.</p> <p>AGAIN, be sure to bring:</p> <ul style="list-style-type: none"> Medication List A driver Photo ID/Insurance Card Eyeglasses/Hearing Aids <p>Allow 4-6 hours for your EUS procedure and recovery.</p> <p>You CANNOT drink alcohol or drive for 12 hours after the test.</p>