### Lower GI Tract EUS

#### Sigmoidoscopy

**DOCTOR:** Dr. Chua  Dr. Cuschieri  Dr. Ghorai  Dr. Hawkins  Dr. Loura  Dr. Mu  Dr. Schreiber  Dr. Slosberg

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| **Last chance to cancel appointment or you will be charged a NO SHOW FEE of $250.00.** | **Stop ________________**  
**For ________ days before procedure.**  
Stop taking oil supplements, oil capsules, iron pills, as this makes it difficult to cleanse the bowel.  
If you are diabetic or if you’re taking blood thinners and you did not receive specific instructions regarding your medications, please call the office. Blood thinners include Coumadin, Warfarin, Effient, Plavix, Pradaxa or Xarelto, etc.  
If you have implantable cardiology devices (defibrillator or pacemaker), notify the office as a device clearance is needed from your cardiologist. | **Entire Day:** Clear liquid diet only (no solids foods!): clear fruit juice without pulp such as apple juice, white grape juice, broth, Gatorade (No Gatorade Frost), popsicles, coffee or tea without cream. Small amount of Jell-O is OK. No milk, red, blue, or purple colors. | **______ AM:** 4 hours before you leave home, give yourself one (1) Fleet Enema per rectum.  
**STOP DRINKING ALL LIQUIDS, INCLUDING WATER, 4 HOURS PRIOR TO YOUR CHECK IN TIME.** | **Early morning:** take your usual prescribed medication with small sip of water except blood thinners, insulin or oral hypoglycemic, unless told otherwise by your doctor.  
**AGAIN, be sure to bring:**  
- Medication List  
- A driver  
- Photo ID/Insurance Card  
- Eyeglasses/Hearing Aids | **4 PM:** Drink entire 10 oz. bottle of Magnesium Citrate (lemon).  
**7 PM:** Take 2 Bisacodyl tablets with a large glass of water.  
**10 PM:** Insert 1 Bisacodyl suppository into your rectum. Retain as long as comfort allows, usually 10-15 minutes  
**Night:** Nothing to eat or drink except water after midnight. | **STOP DRINKING ALL LIQUIDS, INCLUDING WATER, 4 HOURS PRIOR TO YOUR CHECK IN TIME.** | **Again, be sure to bring:**  
- Medication List  
- A driver  
- Photo ID/Insurance Card  
- Eyeglasses/Hearing Aids | **Allow 4-6 hours for your EUS procedure and recovery.**  
You CANNOT drink alcohol or drive for 12 hours after the test.  
**General Instructions**  
5 DAYS PRIOR:  
**5 DAYS PRIOR: Medical Instructions**  
**1 DAY PRIOR:**  
**PROCEDURE DAY:**  
**5 DAYS PRIOR:**  
**PROCEDURE DAY:**  
**PROCEDURE DAY:** |

**Medication Supply (All OTCs):**  
- 10 oz. bottle of Magnesium Citrate (Lemon only).  
- Two (2) Bisacodyl tablets  
- One (1) Bisacodyl suppository  
- One (1) Fleet Enema.  

**Sedation:**  
- **No:** no ride needed  
- **Yes:** arrange for a driver  

**For EUS Patients only:**  
If you had any GI-related radiology studies done outside Providence Hospital in Everett (CT, Ultrasound, or MRI), please request and obtain the radiology images on a CD. Bring it with you to the EUS appointment.