

Type 2 Diabetes Class Series – for those with newly diagnosed type 2 diabetes or have never previously attended an education series before or it has been more than 5 years since attending. Meets national education standards. Accredited by American Association of Diabetes Educators.

MONTH	DATES	DAY	TIME
January	11, 18, 25	Thursday	6 – 9 pm
February	1, 8, 15	Thursday	9 am – 12 pm
March	10, 17, 24	Saturday	9 am – 12 pm
April	5, 12, 19	Thursday	9 am – 12 pm
May	1, 8, 15	Tuesday	6 – 9 pm
June	9	Saturday	9 am – 5 pm
July	12, 19, 26	Thursday	6 – 9 pm
August	2, 9, 16	Thursday	9 am – 12 pm
September	15, 22, 29	Saturday	9 am – 12 pm
October	2, 9, 16	Tuesday	6 – 9 pm
November	1, 8, 15	Thursday	9 am – 12 pm
December	8	Saturday	9 am – 5 pm

Refresher Class – for those with type 2 diabetes who attended our or another diabetes education program last year or anytime in the last 5 years. Brush up on knowledge, skills, and goals.

MONTH	DATES	DAY	TIME
January	23	Tuesday	9 – 11 am
May	23	Wednesday	6 – 8 pm
September	18	Tuesday	9 – 11 am