

Instructions for Patients with Diabetes

Diabetes Medication	Morning Day Before Exam	Night Before Exam	Morning Day of Exam
Oral (tablets by mouth)	Do not take	Do not take	Do not take
GLP-1 Injections (ie. Trulicity, Victoza, Bydureon, Byetta, Ozempic, Rybelsus)	Do not take	Do not take	Do not take
Insulin- Once Daily (Morning) *	Take usual dose	N/A	Do not take
Insulin- Once Daily (Evening)	N/A	Take 1/2 dose	Do not take
Insulin- Twice Daily *	Take half of your usual dose	Do not take	Do not take
Insulin Pump	Confirm dosage adjustment with your diabetes clinic		

*** For patients using insulin:** If needed, take half of the usual amount of regular insulin, which would normally be taken to correct elevated blood sugars, or take the usual amount of regular insulin for blood sugars >220mg/dL