

Diabetic Medication Instructions

Diabetic Medication	Morning Day Before Procedure	Night Before Procedure	Morning Day of Procedure
Oral (tablets by mouth)	Take usual dose if undergoing UPPER ENDOSCOPY	Do not take	Do not take (resume after procedure)
	Do not take if undergoing COLONOSCOPY		
Insulin- once daily (morning) <i>Levemir, Lantus, Trujeo</i>	Take usual dose	N/A	Do not take (resume after procedure)
Insulin- once daily (evening) <i>Levemir, Lantus, Trujeo</i>	N/A	Take 1/2 dose	Do not take (resume after procedure)
Insulin- twice daily <i>Humulin-N, Novolin-N</i>	Take half of your usual dose	Do not take	Do not take (resume after procedure)
Insulin Pump	Confirm dosage adjustment with your diabetes clinic		

*For patients using short-acting insulin (*Humalog, Novolog, Apidra*): take the usual amount of regular insulin for blood sugars >220mg/dL

GLP-1 agonists (before upper endoscopy *and* colonoscopy):

(*Byetta, Saxenda, Victoza, Adylixin, Rybelsus, Trulicity, Wegovy, Ozempic, Bydureon, BCise, Mounjaro, Tirzepatide, Zepbound*)

1. If you're receiving a GLP-1 agonist **once daily** (*Byetta, Saxenda, Victoza, Adylixin, Rybelsus*), stop using it one day before the GI procedure(s).
2. If you're receiving a GLP-1 agonist **once weekly** (*Trulicity, Wegovy, Ozempic, Bydureon, BCise, Mounjaro*), stop using it for 7 days before the GI procedure(s).
3. Note: When the GLP-1 agonist is withheld, your blood sugar level may go up slightly. Monitor your blood sugar level closely and make adjustments of your other diabetic medications as needed.