

Diabetic Medication Instructions

| Diabetic Medication | Morning Day Before Procedure | Night Before Procedure | Morning Day of Procedure |
|--|---|------------------------|--------------------------------------|
| Oral (tablets by mouth) | Take usual dose if undergoing UPPER ENDOSCOPY | Do not take | Do not take (resume after procedure) |
| | Do not take if undergoing COLONOSCOPY | | |
| Insulin- once daily (morning) <i>Levemir, Lantus, Trujeo</i> | Take usual dose | N/A | Do not take (resume after procedure) |
| Insulin- once daily (evening) <i>Levemir, Lantus, Trujeo</i> | N/A | Take 1/2 dose | Do not take (resume after procedure) |
| Insulin- twice daily <i>Humulin-N, Novolin-N</i> | Take half of your usual dose | Do not take | Do not take (resume after procedure) |
| Insulin Pump | Confirm dosage adjustment with your diabetes clinic | | |

*For patients using short-acting insulin (*Humalog, Novolog, Apidra*): take the usual amount of regular insulin for blood sugars >220mg/dL

GLP-1 agonists (before upper endoscopy *and* colonoscopy):

(*Byetta, Saxenda, Victoza, Adylixin, Rybelsus, Trulicity, Wegovy, Ozempic, Bydureon, BCise, Mounjaro*)

1. If you're receiving a GLP-1 agonist **once daily** (*Byetta, Saxenda, Victoza, Adylixin, Rybelsus*), stop using it one day before the GI procedure(s).
2. If you're receiving a GLP-1 agonist **once weekly** (*Trulicity, Wegovy, Ozempic, Bydureon, BCise, Mounjaro*), stop using it for 7 days before the GI procedure(s).
3. Note: When the GLP-1 agonist is withheld, your blood sugar level may go up slightly. Monitor your blood sugar level closely and make adjustments of your other diabetic medications as needed.